

# LETHBRIDGE PRIMARY SCHOOL

## PSHE and Citizenship Education POLICY

PSHE has remained non-statutory in the current National Curriculum (2015). At Lethbridge Primary School we teach Personal, Social, Health and Economic Education in order to help pupils lead healthy, independent lives and become responsible citizens. PSHE allows for opportunities to develop children's spiritual, moral, social and cultural development, known as SMSC.

As part of Citizenship Education it is now a requirement to embed 'British Values' in to every subject within the National Curriculum, as stated in November 2014 by the DfE. The aim of this is for pupils to become aware of what the British Values are and teach them to become accepting, respecting and tolerating young people. This will be particularly emphasised during PSHE lessons.

The teaching of PSHE occurs on a weekly basis and is overlapped in to other subjects in the National Curriculum.

This policy links closely with school policies on:

- Personal Safety
- Drugs Education
- Sex and Relationships Education
- Science
- SMSC
- Collective Worship
- Behaviour
- Bullying
- Equal Opportunities
- Confidentiality Policy
- Values Policy

### **What is PSHE?**

PSHE encompasses all areas designed to promote children's personal, social and health development. It gives children the knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility, make the most of their own abilities and those of others. It is very closely linked with Social, Moral, Spiritual and Cultural aspects of education and encompasses our work within Citizenship, S.E.A.L. and the promotion of being a 'Healthy School'.

## **What is Citizenship education?**

Citizenship Education is vital because it allows pupils the opportunity to build character, explore the British Values and develop key skills such as communicating effectively and using their initiative.

The British Values include –

- Value of Democracy – giving pupils a ‘voice’ but ensuring that they value and respect other people’s views and opinions.
- Rules and Laws – realising the value and understanding the reasons behind laws and the consequences when laws are broken.
- Individual Liberty – promoting the freedom of choice and the right to respect views and beliefs of others.
- Mutual respect and tolerance – highlighting that society is made up of different cultures, religions and beliefs. Aid children in to understanding that we need to be respectful of everyone.

These should be taught to prepare children to play an active role as members of a democratic society, to develop independence and responsibility, and to make informed choices about their own lifestyle.

## **What is S.E.A.L.?**

SEAL is a teaching programme (social and emotional aspects of learning) which will help the children in their personal, social and emotional development. It will bring together work we have been teaching in our PSHE curriculum and each term we will teach a topic across the whole school. These topics will be

- **Good to be Me – Sept/Oct**
- **Say No to Bullying – Nov/Dec**
- **Getting on and Falling out- Jan/Feb**
- **Going for Goals – Mar/Apr**
- **Relationships – May/June**
- **Changes - June/ July**

SEAL will help children to develop self-awareness, motivation, social skills and managing their feelings.

These skills will help our children to become better learners, get on better with other people and be responsible citizens. They are part of every area of life.

## **Aims of PSHE and Citizenship Education at Lethbridge Primary School**

We want our children to develop self- awareness, positive self-esteem and confidence, enabling them to:

- stay as healthy as possible
- keep themselves and others safe
- have worthwhile and fulfilling relationships
- respect the differences between people
- develop independence and responsibility
- play an active role as members of a democratic society
- make the most of their own abilities and those of others
- behave in a socially and morally acceptable way including towards authority and each other
- to become involved in the life of their community
- to know about democracy and how to be an active citizens
- to know about economic wellbeing.

We want our children to: -

- value the achievements they make, and the achievements of others
- make informed choices about dealing with risks and meeting challenges now and in the future.
- decide on values by which they want to live their lives.
- Understand the 'British Values'.

Our school curriculum and ethos promotes spiritual, moral, social and cultural development and prepares all pupils for the opportunities and responsibilities within their lives.

## **PSHE and Citizenship content**

As a school we have decided to continue using the SEAL materials for each year group with planning adapted to meet the needs of the children in those year groups. Aspects of PSHE and Citizenship will also be covered within other subject teaching and in special days and weeks. In the Early Years Foundation Stage, the same themes are taught each year and revisited regularly, as well as following the Early Learning Goals and SEAL.

## **Delivery of Curriculum**

A range of teaching strategies will be used as appropriate. These will include:

Circle time, role-play, discussion – whole class, small group, 1:1, visitors e.g. PC , Fire Brigade, School Health Advisor etc., stories e.g. exploring behaviour of characters, creative activities, and pupil initiated activities.

There are weekly timetabled SEAL lessons in KS1and KS2, and specific events and activities, as well as through other subjects. There will also be opportunities during collective worship e.g. stories and discussion, Celebration Assembly. The whole school ethos promotes our work in PSHE and

Citizenship. In the Early Years Foundation Stage, it is taught throughout the whole curriculum and in circle time sessions.

Teachers will choose the method most appropriate for their whole class to meet the objectives of the lesson.

### **Cross Curricular links**

Links are made with PSHE and Citizenship in other curriculum areas as appropriate e.g. R.E., P.E., science, geography and in topic planning. Also, in whole school events such as; Anti-bullying Week, Eco week and Walk to School Week.

### **Assessment**

Children's understanding, knowledge and skills are assessed through observation, discussion and questioning and participation in groups. Children will be involved in self-assessment including completing self assessment sheets.

Children will be rewarded in line with school policy e.g. house points and stickers.

### **Monitoring and Evaluation**

Planning and samples of work, including photographs and questioning of children, will be collected by the PSHE Co-ordinator to be kept in the PSHE and Citizenship portfolio. The portfolio will also include input by pupils.

Early Years Foundation Stage pupils will be assessed in line with the EYFS Profile.

Emma Corp and Lisa Mayes have responsibility for pupil welfare. Victoria Jones and Kylie Humphries is also the PSHE Co-ordinator which helps to ensure that pupil welfare and PSHE aims are being met. The school has an action plan and will carry out self-review of those targets.

### **Equal Opportunities**

Provision for PSHE and Citizenship is in line with all of our policies. All children have equal access to the PSHE and Citizenship curriculum and developmentally appropriate materials. Delivery will be differentiated appropriately. Resources etc. are sensitive to the needs and backgrounds of the children and will not reflect gender or cultural stereotypes, and are monitored annually to ensure that sensitivity.

### **Parental and Community Involvement**

Parents are invited to join in events in school, such as class assemblies. Parents are regularly informed of events and developments on the weekly newsletter.

We work closely with the local church, and have strong links with the vicar and minister. We involve outside agencies e.g. School Health Advisors, School Police liaison officer, dental health advisors etc. as much as possible to deliver aspects of the curriculum (see visitor policy). These are highlighted in our scheme of work for PSHE and Citizenship.

This school believes that partnership with parents and the community enables us to receive specialist support and information to plan the best possible PSHE and Citizenship curriculum for our children.

